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Free checkups and valuable tips on World Diabetes Day

On the occasion of the World Diabetes Day, the Deanship of Student Affairs at Al Ain University, Al Ain campus, organized healthy activities in cooperation with the Burjeel Royal Hospital, Medicina Group of Pharmacies and Real Health Medical Center.

The event included a free examination of BMI, valuable gifts and free consultation and advices by the Nutrition Specialist Wala Salah, and the Beauty Advisor Nadine Abu Touq.

The purpose of this event is to raise the awareness of diabetes, prevention methods, and how to eat healthy, consult doctor and performing periodic examinations.

Dr. Ibtehal Aburezeq, Dean of Student Affairs, stressed that the university's interest in World Diabetes Day aims to raise awareness on the importance of early diagnosis of diabetes, to avoid chronic complications, and to motivate the community to follow healthy dietary patterns and practice health-promoting activities, to reduce the incidence of diabetes.

[Press Release Link](#)