



Nov 14, 2021

Nutrition students promote awareness on Diabetes Day

The College of Pharmacy at Abu Dhabi campus organized a health exhibition, where the students of the Bachelor of Science in Nutrition and Dietetics program introduced a detailed presentation on, the causes and types of diabetes, its stages and risks, how to deal with this disease and methods of treatment. With an emphasis on the importance of exercise, lifestyle changes and a healthy diet. The exhibition was held under the supervision of Prof. Suhad Abumweis. Director, Nutrition and Dietetics Program.

Al Ain University's aim in regard to the World Diabetes Day is to raise awareness about the importance of early diagnosis of diabetes, to avoid its chronic complications, motivate society to follow healthy dietary patterns, practice health-promoting activities, and to reduce the spread of diabetes.

[Press Release Link](#)