



Jun 08, 2022

## Awareness workshop on food allergy

The Deanship of Student Affairs at Al Ain University, Al Ain Campus, organized a workshop on food allergy (types - symptoms - treatment), presented by Dr. Mona Othman from Mediclinic Hospital (Al Ain Branch), ENT specialist. The workshop dealt with several axes, most notably the concept of food allergy, which occurs when a person's immune system interacts with substances in the environment. These substances are often harmless to most people. These substances are known allergens, such as dust mites, pet pollens, insects, ticks, mold and some types of foods and medicines. She also talked about the symptoms of allergies such as skin rashes, shortness of breath, etc., and then treating them. The workshop also included some tests such as blood pressure and sugar.

[Press Release Link](#)